**Guidelines for Juniors Platform**

A Platform speech is an original speech written with the goal of informing or persuading.

RULES:

1. Each speech must be original to the student. A maximum of 30% of the total speech can be directly quoted from other sources.
2. If sources are used for the speech, they should be cited within the body of the speech (but no citation page is required).
3. Memorization is required.
4. No visual aids are allowed.
5. **Speeches** **should not exceed five (5) minutes**. However, no student will be penalized for going over the suggested time, and there is no minimum speaking time.